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AI Quickstart for AI for physiotherapists

The realistic AI use cases on one page — no hype, with clear limits.

AI in physio: practice organisation, not the therapy

- 1. Explain home exercises in plain language
- 2. Appointment and exercise reminders
- 3. Summarise doctors' letters and findings clearly
- 4. Rehab motivation and admin texts

Limit: AI gives you drafts, no guarantees. The professional and legal final check always stays with you.

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