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AI Quickstart for AI for yoga studios

The realistic AI use cases on one page — no hype, with clear limits.

AI for yoga studios — where it really saves time

- 1. Organise the schedule and bookings
- 2. Answer reminders and enquiry emails
- 3. Write social posts and newsletters
- 4. Pre-draft class, workshop and retreat descriptions
- 5. Reply to reviews

Limit: AI gives you drafts, no guarantees. The professional and legal final check always stays with you.

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